

March 29, 2024 Contact: Boys & Girls Clubs of Metro Denver

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## MEDIA ADVISORY / PHOTO OPPORTUNITY

Boys & Girls Clubs of Metro Denver instills a lasting enthusiasm for healthy eating through monthly cooking classes.

WHO: Staff members and Club members from CSLA Boys & Girls Club, Slow Food staff,

Administrative Staff members of Boys & Girls Clubs of Metro Denver

WHAT: Boys & Girls Clubs of Metro Denver partners with external program providers, like Slow

<u>Food</u> who deliver top-notch cooking classes for Club members. These cooking classes aim to offer members regular chances to immerse themselves in dynamic, hands-on

nutrition education every month.

**HOW:** Boys & Girls Club staff, members, and Slow Food staff will participate in a dynamic,

hands-on cooking class.

WHEN: Monday, April 8, 2024 | 3:45 p.m.

WHERE: CSLA Boys & Girls Club

7001 Lipan St, Denver, CO 80221

WHY: At Boys & Girls Clubs of Metro Denver, we are dedicated to shining a light on how our

Club members play a big part in creating their own futures and empowering them to build healthy lives. Every kid and teen at the Club has access to hands-on learning opportunities that help them make healthy choices and practice building healthy

habits.

## **AVAILABLE FOR INTERVIEWS:**

- Christina Ferrando, Marketing Manager at Boys & Girls Clubs of Metro Denver
- Cassie Kipp Club Director at CSLA Boys & Girls Club
- Mikayla Wilkins, Healthy Lifestyles Coordinator at Boys & Girls Clubs of Metro Denver
- Members of CSLA Boys & Girls Club